



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Stange, Alexander

Club: SV Urbach 49  
Number: 648

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M35 (35-39 Jahre)

Total time: 48:02

Speed: 11.24 km/h  
Running performance: 5:10 min/km

Rank in course/Total: 214 (of 404)

Rank in course/Men: 132 (of 306)

Best time in course: 32:04

Rank in category: 12(of 29)

Best time in the category: 32:04