



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Kröning, Christian

Club: Blankenburg  
Number: 99

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 49:14

Speed: 10.97 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 229 (of 404)

Rank in course/Men: 141 (of 306)

Best time in course: 32:04

Rank in category: 20(of 38)

Best time in the category: 32:36