



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Grüning, Peter

Club: sc impuls erfurt
Number: 56

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 36:48

Speed: 14.67 km/h
Running performance: 3:58 min/km

Rank in course/Total: 33 (of 404)

Rank in course/Men: 17 (of 306)

Best time in course: 32:04

Rank in category: 1(of 22)

Best time in the category: 36:48