



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Hirschfeld, Mathias

Club: Erfurt LA Familia Fightclub  
Number: 268

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 49:46

Speed: 10.85 km/h  
Running performance: 5:21 min/km

Rank in course/Total: 239 (of 404)

Rank in course/Men: 149 (of 306)

Best time in course: 32:04

Rank in category: 20(of 37)

Best time in the category: 34:06