



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Dransfeld, Markus

Club: Schleusingen  
Number: 245

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M45 (45-49 Jahre)

Total time: 49:58

Speed: 10.81 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 242 (of 404)

Rank in course/Men: 152 (of 306)

Best time in course: 32:04

Rank in category: 22(of 37)

Best time in the category: 34:06