



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Schäfer, Thomas

Club: Heyda  
Number: 223

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M50 (50-54 Jahre)

Total time: 50:00

Speed: 10.80 km/h  
Running performance: 5:23 min/km

Rank in course/Total: 243 (of 404)

Rank in course/Men: 153 (of 306)

Best time in course: 32:04

Rank in category: 19(of 39)

Best time in the category: 36:21