



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Göring, Matthias

Club: Weimar
Number: 55

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 50:02

Speed: 10.79 km/h
Running performance: 5:23 min/km

Rank in course/Total: 245 (of 404)

Rank in course/Men: 155 (of 306)

Best time in course: 32:04

Rank in category: 10(of 22)

Best time in the category: 36:48