



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Hennig, Bernhard

Club: Zack- Zack Runners Eisenach
Number: 64

Course: 9.30 km
Kurze Strecke

Category:
Senioren M65 (65-69 Jahre)

Total time: 50:21

Speed: 11.08 km/h
Running performance: 5:25 min/km

Rank in course/Total: 250 (of 404)

Rank in course/Men: 157 (of 306)

Best time in course: 32:04

Rank in category: 5(of 12)

Best time in the category: 39:17