



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Ulke, Susanne

Club: Martinroda  
Number: 250

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 50:26

Speed: 10.71 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 254 (of 404)

Rank in course/Women: 32 (of 98)

Best time in course: 38:48

Rank in category: 8(of 21)

Best time in the category: 40:16