



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Ritze, Detlef

Club: Lauffreiwort Alteburg Arnstadt  
Number: 151

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M65 (65-69 Jahre)

Total time: 51:22

Speed: 10.51 km/h  
Running performance: 5:31 min/km

Rank in course/Total: 273 (of 404)

Rank in course/Men: 173 (of 306)

Best time in course: 32:04

Rank in category: 6(of 12)

Best time in the category: 39:17