



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Raab, Marina

Club: Lauftreff Plaue
Number: 290

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 51:43

Speed: 10.44 km/h
Running performance: 5:34 min/km

Rank in course/Total: 282 (of 404)

Rank in course/Women: 41 (of 98)

Best time in course: 38:48

Rank in category: 4(of 10)

Best time in the category: 47:14