



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Dietz, Frank

Club: Vaihingen

Number: 341

Course: 9.30 km

Kurze Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 51:45

Speed: 10.43 km/h

Running performance: 5:34 min/km

Rank in course/Total: 284 (of 404)

Rank in course/Men: 181 (of 306)

Best time in course: 32:04

Rank in category: 18(of 30)

Best time in the category: 34:06