



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Trommer, Ray

Club: TSV 1899 Heyda
Number: 195

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 52:39

Speed: 10.26 km/h
Running performance: 5:40 min/km

Rank in course/Total: 292 (of 404)

Rank in course/Men: 185 (of 306)

Best time in course: 32:04

Rank in category: 19(of 30)

Best time in the category: 34:06