



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

**Kurch, Sebastian**

Club: VfL 28 Ellrich  
Number: 239

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 37:34

Speed: 14.37 km/h  
Running performance: 4:02 min/km

Rank in course/Total: 47 (of 404)

Rank in course/Men: 24 (of 306)

Best time in course: 32:04

Rank in category: 4(of 38)

Best time in the category: 32:36