



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Henkel, Uwe

Club: SV Thuringia Königsee
Number: 63

Course: 9.30 km
Kurze Strecke

Category:
Senioren M60 (60-64 Jahre)

Total time: 53:08

Speed: 10.50 km/h
Running performance: 5:43 min/km

Rank in course/Total: 302 (of 404)

Rank in course/Men: 193 (of 306)

Best time in course: 32:04

Rank in category: 9(of 15)

Best time in the category: 39:20