



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Käppler, Gerd

Club: SV Normania Treffurt  
Number: 83

Course: 9.30 km  
Kurze Strecke

Category:  
Senioren M55 (55-59 Jahre)

Total time: 53:15

Speed: 10.14 km/h  
Running performance: 5:44 min/km

Rank in course/Total: 305 (of 404)

Rank in course/Men: 196 (of 306)

Best time in course: 32:04

Rank in category: 15(of 22)

Best time in the category: 36:48