



12. Ilmenauer Osterlauf

Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Dudek, Harald

Club: Arnstadt

Number: 34

Course: 9.30 km

Kurze Strecke

Category:

Senioren M65 (65-69 Jahre)

Total time: 53:16

Speed: 10.48 km/h

Running performance: 5:44 min/km

Rank in course/Total: 306 (of 404)

Rank in course/Men: 197 (of 306)

Best time in course: 32:04

Rank in category: 7(of 12)

Best time in the category: 39:17