



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Franke, Heike

Club: sc impuls erfurt
Number: 46

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 55:06

Speed: 9.80 km/h
Running performance: 5:55 min/km

Rank in course/Total: 335 (of 404)

Rank in course/Women: 58 (of 98)

Best time in course: 38:48

Rank in category: 6(of 10)

Best time in the category: 47:14