



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Rusteberg, Elisabeth

Club: Medletik
Number: 310

Course: 9.30 km
Kurze Strecke

Category:
Frauen (20-29 Jahre)

Total time: 55:43

Speed: 9.69 km/h
Running performance: 5:59 min/km

Rank in course/Total: 341 (of 404)

Rank in course/Women: 62 (of 98)

Best time in course: 38:48

Rank in category: 14(of 20)

Best time in the category: 43:06