



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Franzke, Iris

Club: Frauenwald  
Number: 650

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 57:40

Speed: 9.36 km/h  
Running performance: 6:12 min/km

Rank in course/Total: 356 (of 404)

Rank in course/Women: 68 (of 98)

Best time in course: 38:48

Rank in category: 15(of 21)

Best time in the category: 40:16