



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Boog, Swen

Club: Erfurt
Number: 339

Course: 9.30 km
Kurze Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 59:15

Speed: 9.11 km/h
Running performance: 6:22 min/km

Rank in course/Total: 366 (of 404)

Rank in course/Men: 231 (of 306)

Best time in course: 32:04

Rank in category: 25(of 30)

Best time in the category: 34:06