



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Gröschner, Sandra

Club: Rad Wenzel Rudolstadt
Number: 231

Course: 9.30 km
Kurze Strecke

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 1:00:16

Speed: 8.96 km/h
Running performance: 6:29 min/km

Rank in course/Total: 371 (of 404)

Rank in course/Women: 75 (of 98)

Best time in course: 38:48

Rank in category: 8(of 9)

Best time in the category: 42:26