



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Kühm, Gerd

Club: Ilmenau
Number: 100

Course: 9.30 km
Kurze Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:00:19

Speed: 8.95 km/h
Running performance: 6:29 min/km

Rank in course/Total: 372 (of 404)

Rank in course/Men: 235 (of 306)

Best time in course: 32:04

Rank in category: 18(of 22)

Best time in the category: 36:48