



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Henkel, Tobias

Club: USV Erfurt
Number: 485

Course: 18.50 km
Lange Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:11:01

Speed: 15.63 km/h
Running performance: 3:50 min/km

Rank in course/Total: 7 (of 168)
Rank in course/Men: 7 (of 146)
Best time in course: 1:06:05

Rank in category: 3(of 23)
Best time in the category: 1:06:05