



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Schönborn, Frank

Club: Lauffreunde Gotha
Number: 431

Course: 18.50 km
Lange Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:13:47

Speed: 14.64 km/h
Running performance: 3:59 min/km

Rank in course/Total: 10 (of 168)

Rank in course/Men: 10 (of 146)

Best time in course: 1:06:05

Rank in category: 1(of 20)

Best time in the category: 1:13:47