



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Peppler, Roland

Club: WSV-Ilmenau
Number: 473

Course: 18.50 km
Lange Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:13:59

Speed: 14.60 km/h
Running performance: 4:00 min/km

Rank in course/Total: 11 (of 168)

Rank in course/Men: 11 (of 146)

Best time in course: 1:06:05

Rank in category: 1(of 23)

Best time in the category: 1:13:59