



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Stengel, Gudrun

Club: Leipzig  
Number: 184

Course: 9.30 km  
Kurze Strecke

Category:  
Seniorinnen W55 (55-59 Jahre)

Total time: 1:15:59

Speed: 7.11 km/h  
Running performance: 8:10 min/km

Rank in course/Total: 403 (of 404)

Rank in course/Women: 95 (of 98)

Best time in course: 38:48

Rank in category: 10(of 10)

Best time in the category: 47:14