



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Flock, Peter

Club: Lauffeuer Fröttstädt
Number: 367

Course: 18.50 km
Lange Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:17:00

Speed: 14.03 km/h
Running performance: 4:10 min/km

Rank in course/Total: 19 (of 168)

Rank in course/Men: 19 (of 146)

Best time in course: 1:06:05

Rank in category: 3(of 20)

Best time in the category: 1:13:47