



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Beer, Alexander

Club: X-Runner  
Number: 515

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:17:14

Speed: 13.98 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 22 (of 168)

Rank in course/Men: 22 (of 146)

Best time in course: 1:06:05

Rank in category: 5(of 23)

Best time in the category: 1:06:05