



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Hercher, Steffen

Club: Trailrunning Harz
Number: 495

Course: 18.50 km
Lange Strecke

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:18:56

Speed: 13.68 km/h
Running performance: 4:16 min/km

Rank in course/Total: 30 (of 168)

Rank in course/Men: 29 (of 146)

Best time in course: 1:06:05

Rank in category: 6(of 19)

Best time in the category: 1:07:39