



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Seidler, Uta

Club: Stadtilm
Number: 1007

Course: 9.30 km
Nordic Walking

Category:
Nordic Walking Frauen

Total time: 1:17:33

Speed: 6.96 km/h
Running performance: 8:20 min/km

Rank in course/Total: 10 (of 28)

Rank in course/Women: 3 (of 17)

Best time in course: 1:10:40

Rank in category: 3(of 17)

Best time in the category: 1:10:40