



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Bode, Elvira

Club: TSV 1899 Heyda
Number: 1000

Course: 9.30 km
Nordic Walking

Category:
Nordic Walking Frauen

Total time: 1:17:39

Speed: 6.95 km/h
Running performance: 8:21 min/km

Rank in course/Total: 11 (of 28)
Rank in course/Women: 4 (of 17)
Best time in course: 1:10:40

Rank in category: 4(of 17)
Best time in the category: 1:10:40