



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Metz, Christopher

Club: Weißensee

Number: 483

Course: 18.50 km

Lange Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:22:54

Speed: 13.03 km/h

Running performance: 4:29 min/km

Rank in course/Total: 39 (of 168)

Rank in course/Men: 38 (of 146)

Best time in course: 1:06:05

Rank in category: 11(of 23)

Best time in the category: 1:06:05