



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Rückert, Jonas

Club: Ilmenau OT Roda  
Number: 423

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:23:11

Speed: 12.98 km/h  
Running performance: 4:30 min/km

Rank in course/Total: 40 (of 168)

Rank in course/Men: 39 (of 146)

Best time in course: 1:06:05

Rank in category: 8(of 19)

Best time in the category: 1:07:39