



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Metz, Klaus-Peter

Club: Sömmerdaer Gipfelstürmer  
Number: 482

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:23:37

Speed: 12.92 km/h  
Running performance: 4:31 min/km

Rank in course/Total: 42 (of 168)

Rank in course/Men: 41 (of 146)

Best time in course: 1:06:05

Rank in category: 1(of 12)

Best time in the category: 1:23:37