



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Thurm, Ingo

Club: sc-impuls Erfurt
Number: 192

Course: 9.30 km
Kurze Strecke

Category:
Senioren M45 (45-49 Jahre)

Total time: 34:06

Speed: 16.36 km/h
Running performance: 3:40 min/km

Rank in course/Total: 7 (of 404)

Rank in course/Men: 4 (of 306)

Best time in course: 32:04

Rank in category: 1(of 37)

Best time in the category: 34:06