



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Apel, Kai-Uwe

Club: SV das Handwerk Suhl  
Number: 1015

Course: 9.30 km  
Nordic Walking

Category:  
Nordic Walking Männer

Total time: 1:20:47

Speed: 6.68 km/h  
Running performance: 8:41 min/km

Rank in course/Total: 18 (of 28)

Rank in course/Men: 10 (of 11)

Best time in course: 1:01:42

Rank in category: 10(of 11)

Best time in the category: 1:01:42