



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Ziemke, Claudia

Club: Dream Team Ilmenau
Number: 491

Course: 18.50 km
Lange Strecke

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 1:25:04

Speed: 12.70 km/h
Running performance: 4:36 min/km

Rank in course/Total: 50 (of 168)

Rank in course/Women: 2 (of 22)

Best time in course: 1:18:16

Rank in category: 1(of 3)

Best time in the category: 1:25:04