



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Gaue, Paul

Club: X-Runner
Number: 348

Course: 9.30 km
Kurze Strecke

Category:
Senioren M30 (30-34 Jahre)

Total time: 39:28

Speed: 13.68 km/h
Running performance: 4:14 min/km

Rank in course/Total: 83 (of 404)

Rank in course/Men: 41 (of 306)

Best time in course: 32:04

Rank in category: 7(of 38)

Best time in the category: 32:36