



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Apel, Sabine

Club: TSV Zella-Mehlis
Number: 1021

Course: 9.30 km
Nordic Walking

Category:
Nordic Walking Frauen

Total time: 1:23:25

Speed: 6.47 km/h
Running performance: 8:58 min/km

Rank in course/Total: 24 (of 28)
Rank in course/Women: 14 (of 17)
Best time in course: 1:10:40

Rank in category: 14(of 17)
Best time in the category: 1:10:40