



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Schwachenwalde, Holger

Club: Ilmenau
Number: 504

Course: 18.50 km
Lange Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:30:25

Speed: 11.94 km/h
Running performance: 4:53 min/km

Rank in course/Total: 78 (of 168)

Rank in course/Men: 74 (of 146)

Best time in course: 1:06:05

Rank in category: 2(of 12)

Best time in the category: 1:23:37