



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

**Goymann, Uwe**

Club: Lauffreife Plaue  
Number: 375

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M50 (50-54 Jahre)

Total time: 1:37:58

Speed: 11.02 km/h  
Running performance: 5:18 min/km

Rank in course/Total: 116 (of 168)

Rank in course/Men: 107 (of 146)

Best time in course: 1:06:05

Rank in category: 17(of 22)

Best time in the category: 1:15:49