



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Kurch, Jörg

Club: VfL 28 Ellrich

Number: 103

Course: 9.30 km

Kurze Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 40:02

Speed: 13.94 km/h

Running performance: 4:18 min/km

Rank in course/Total: 97 (of 404)

Rank in course/Men: 48 (of 306)

Best time in course: 32:04

Rank in category: 2(of 22)

Best time in the category: 36:48