



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Geipel, Frank

Club: Schwabhausen
Number: 373

Course: 18.50 km
Lange Strecke

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:40:19

Speed: 10.77 km/h
Running performance: 5:25 min/km

Rank in course/Total: 122 (of 168)

Rank in course/Men: 113 (of 146)

Best time in course: 1:06:05

Rank in category: 18(of 20)

Best time in the category: 1:13:47