



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Ludwig, Ivette

Club: Schwabhausen
Number: 406

Course: 18.50 km
Lange Strecke

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 1:40:19

Speed: 10.77 km/h
Running performance: 5:25 min/km

Rank in course/Total: 123 (of 168)

Rank in course/Women: 10 (of 22)

Best time in course: 1:18:16

Rank in category: 1(of 2)

Best time in the category: 1:40:19