



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

penzel, sven

Club: ohne

Number: 417

Course: 18.50 km

Lange Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:42:12

Speed: 10.57 km/h

Running performance: 5:31 min/km

Rank in course/Total: 131 (of 168)

Rank in course/Men: 121 (of 146)

Best time in course: 1:06:05

Rank in category: 18(of 19)

Best time in the category: 1:07:39