



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Lesser, Holger

Club: Gotha
Number: 405

Course: 18.50 km
Lange Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:43:31

Speed: 10.43 km/h
Running performance: 5:36 min/km

Rank in course/Total: 134 (of 168)

Rank in course/Men: 123 (of 146)

Best time in course: 1:06:05

Rank in category: 8(of 12)

Best time in the category: 1:23:37