



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Kuno, Gerhard

Club: Lauffeuer Fröttstedt
Number: 258

Course: 9.30 km
Kurze Strecke

Category:
Senioren M50 (50-54 Jahre)

Total time: 40:10

Speed: 13.44 km/h
Running performance: 4:19 min/km

Rank in course/Total: 101 (of 404)

Rank in course/Men: 50 (of 306)

Best time in course: 32:04

Rank in category: 4(of 39)

Best time in the category: 36:21