



12. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Hartwich, Manfred

Club: Erfurt
Number: 517

Course: 18.50 km
Lange Strecke

Category:
Senioren M55 (55-59 Jahre)

Total time: 1:45:31

Speed: 10.24 km/h
Running performance: 5:42 min/km

Rank in course/Total: 141 (of 168)

Rank in course/Men: 130 (of 146)

Best time in course: 1:06:05

Rank in category: 10(of 12)

Best time in the category: 1:23:37