



12. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 04.04.2015

Detailed evaluation

Menge, Andreas

Club: Gotha  
Number: 480

Course: 18.50 km  
Lange Strecke

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:51:35

Speed: 9.68 km/h  
Running performance: 6:02 min/km

Rank in course/Total: 157 (of 168)

Rank in course/Men: 140 (of 146)

Best time in course: 1:06:05

Rank in category: 12(of 12)

Best time in the category: 1:23:37